



Latest Research - Pomegranate Diet & Alzheimer's Disease

An international research team led by CHeBA found a diet rich in pomegranates had significant positive impacts for the brain health of mice with Alzheimer's disease. Lead author, Dr Nady Braidy, says the findings are an exciting advance into the role of diet in tackling dementia.

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CHeBA Champion Hailey Maxwell - 100 Mile Run for Nan

Hailey Maxwell was one of the first CHeBA Champions to join the initiative in 2013. Earlier this year Hailey's dear Nan passed away after a long battle with dementia. In her Nan's honour Hailey is tackling her biggest challenge to date - *running the 100 mile option of the GNW100s event on Saturday, 10 September*. Please support her incredible efforts to support dementia prevention research by sponsoring her [here](#).

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IPA Asian Regional Meeting

CHeBA's Professor Henry Brodaty is a Keynote Speaker at the 2016 IPA Asian Regional Meeting, co-organised by the Taiwanese Society of Geriatric Psychiatry. This meeting will take place at the NTUH International Convention Centre between 9-11 December 2016. Professionals from all disciplines are encouraged to attend. *Early registration until 6 October 2016.*

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Taipei

**Kick Start Healthy Ageing -
FREE Public Forum**



The Aged Care Psychiatry Service at the Prince of Wales Hospital, in conjunction with the Centre for Healthy Brain Ageing (CHeBA), is hosting a free public forum to address some of the key factors that contribute to healthy ageing. **Booking essential - don't miss out!**

Date: 9th November 2016

Time: 10am - 1pm

Venue: The Juniors, 558A Anzac Parade, Kingsford 2032

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Tackling the Sydney Half Marathon for CHeBA's Research

Ian Wright, Director & Financial Adviser of Wright Adams Advisory Pty Ltd, has set himself challenge of running the Sydney Half Marathon to raise funds for The Dementia Momentum initiative at CHeBA. Ian was inspired to run for CHeBA and help change the future of dementia by his friend, Ben Grellman, whose mum Suellen has advanced young onset Alzheimer's disease. You can sponsor Ian [here](#).

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