



Wipeout Dementia

Sydney business leaders are currently tackling Wipeout Dementia - a 4 week fitness program culminating in a Surf Off on 23 May alongside Ambassador Richard Grellman AM. This inspiring group have a goal of raising \$125,000 for The Dementia Momentum. Help them reach their goal by sponsoring one of these incredibly generous surfers!

[Read more](#)

The Dementia Momentum

Thanks to our generous new Members and Friends, the momentum builds! The Dementia Momentum, officially launched in March 2015 at KPMG, is an initiative to bring researchers and the community together to change the future of dementia incidence by harnessing the power of big data research. All Members and Friends are acknowledged on our website.



[Read more](#)



The Brain Dialogues - Wonderful Twins!

Twins John and Terry Stapleton, along with their brothers Peter and Eden, all aged over 80, have been participants in CHeBA's Older Australian Twins Study since 2007. In this month's blog from *The Brain Dialogues*, we talk about how their similarities and differences are helping us to understand the environmental factors for healthy brain ageing.

[Read more](#)

Our New CHeBA Champions

The CHeBA Champions are CHeBA's Fitness Ambassadors - all promoting positive ageing and championing healthy lifestyles from a young age for better brain health in late life. We would like to welcome our newest recruits to this initiative - Karina Bunker and Katrina

Birrell who are now immersed in their fitness fundraising activities for CHeBA! We thank you! (Pictured Karina Bunker).

[Read more](#)



image

City 2 Surf 2015 - Join the Team

The CHeBA City 2 Surf team is growing rapidly and we want you! Our goal is to have 200 people walking, jogging and running for CHeBA! Read more for all the City 2 Surf details or contact heidi.mitchell@unsw.edu.au. (Pictured CHeBA Champion Katrina Birrell).

[Read more](#)

Dementia Alliance International

Dementia Alliance International (DAI) is the first global group of, by and for people with dementia, where membership will remain exclusive to people with dementia. Co-chair Kate Swaffer explains how DAI was established, its mission and services.

[Read more](#)



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