



## 2017 Annual Report

Co-Directors Professor Perminder Sachdev and Professor Henry Brodaty are pleased to present the 2017 Annual Report for CHeBA, UNSW Sydney. The Report clearly documents the research strides our Centre has made since its official launch in October, 2012. We look forward to continuing to deliver outcomes to fulfill our mission in the years to come.

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## Living to 100 Conference - 7 & 8 September 2018

The 'Living to 100' Conference is bringing together a variety of international and local experts to unravel the secrets of successful ageing. This conference will comprise cutting edge research on Friday and a synthesis of current knowledge for the informed lay-person on Saturday.

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## CHeBA in the Media: Getting Older

Australia has an ageing population that is expected to live longer than ever before. In this interview with ABC Radio National, CHeBA's Co-Director - Professor Henry Brodaty - explains what happens to our brains as we age and what we can do help in keeping our brains healthy.

[Listen to the full audio](#)

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## PhD Opportunities at CHeBA

Are you looking to contribute to informing preventative public health measures and promote health in our ageing population? CHeBA, UNSW Sydney is offering four PhD projects supported by UNSW Scientia Scholarships to investigate environmental, biological social and genetic influences on ageing and dementia risk.



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## Volunteers Needed for Research

We are seeking volunteers in their 60s, 70s and 80s to trial a set of computerised social cognition measures as part of our ARC Social Cognition Ageing project. If you're available to come to Randwick for one session lasting a few hours, or if you would like more information, please contact Russell Chander at [r.chander@student.unsw.edu.au](mailto:r.chander@student.unsw.edu.au) or (02) 9399 1028.

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## Wipeout Dementia 7th Round Success

The 7th round of Wipeout Dementia held at Queenscliff saw *Grellman's Evergreens*, *Gillespie's Grommets Forever* and Surf Off winners *Cunningham's Cruisers* raise \$87,000 for research at CHeBA. Thank you to all surfers, donors, sponsors and inkind supporters for ensuring Wipeout Dementia continues to be such a success! For information contact [Heidi Douglass](#).



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## Reducing Antipsychotic Use in Aged Care: MJA Insight

Professor Brodaty has been involved in 3 studies where person-centred care has demonstrated a reduction in agitation levels and a decrease in antipsychotic use. This is important as antipsychotics can be associated with significant side effects," he said. "The next issue is: how do we get to make this business as usual?"

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## Kids4Dementia Program at Bronte Public School

Thank you to Year 5 and 6 students at Bronte Public School who participated in the [Kids4Dementia](#) program and produced a series of incredibly thoughtful letters and creative posters. Thank you to the students, school and parents for allowing us to share them our community.

[Visit the gallery](#).



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