



## Professor Henry Brodaty on Ageing and Dementia

Recipient of the 2016 Ryman Prize, Professor Henry Brodaty, speaks candidly with Radio NZ on his decades of work in ageing and dementia. "The fastest growing sector of the population are the very old; the over 80, and they are set to quadruple by 2050. The numbers are quite staggering. Dementia in general is growing because of this ageing population and that is set to pass 135 million by 2050."

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## Professor Henry Brodaty on Winning the 2016 Ryman Prize

In this short and poignant video, Professor Henry Brodaty talks about winning the 2016 Ryman Prize, his career and what he hopes his legacy will be in the field of the health of older people.

The Ryman Prize is awarded for the world's best development, advance or achievement that enhances quality of life for older people.

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## World-First Trial Shows Promising Results

Channel 9 speaks with Dr Adith Mohan and participant Jacques on CHeBA's study looking at mild brain stimulation combined with brain training to enhance memory. This study is conducted at the Black Dog Institute with participants attending sessions three times a week.

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**One Month Until the City 2 Surf!**



CHeBA's Co-Directors Professor Henry Brodaty and Professor Perminder Sachdev are once again running the City 2 Surf to promote positive ageing! Join them and walk, jog or run for better brain health.

All participants receive a CHeBA singlet.

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