



CHeBA in the Media: \$70m a Year for High Need Dementia Network

With the first steps toward a national network of Specialist Dementia Care Units underway, CHeBA's Co-Director Professor Henry Brodaty said "there would be a challenge in allocating the limited number of beds given there were an estimated 4,400 Australians with severe dementia symptoms."

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Participate in CHeBA's Social Cognition Ageing Study

Seeking volunteers! We are currently recruiting participants over 60 years for an exciting new study that aims to enhance social function and well-being. Must be 60+ and speak English.

<https://bit.ly/CHeBASocial>

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Seeking Research Volunteers



NNIDR Public Lecture Tour - Registration Open

CHeBA's Co-Director Professor Henry Brodaty will be speaking at the Sydney portion of the NNIDR National Public Lecture Tour. The events consist of a keynote address, an expert panel presentation and open discussion. Relevant for researchers, people with dementia, their carers and their families.

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CHeBA in the Media: Whole Foods Over Supplements for Better Brain Health

Latest research - a collaboration between CHeBA, UNSW Sydney, DCRC and the University of Sydney - published in the Journal of Alzheimer's disease indicates a positive link between healthy dietary patterns and better brain health in older adults.



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In Memory of Colin Watson

This week we pay tribute to Colin Watson, who passed away after his journey with dementia. Pictured in 1974 in the Top End with son Steve Watson (then aged 7) – who is two-time highest fundraiser and team captain in the property industry [Wipeout Dementia](#). Steve says the photo, which clearly shows his Dad's youthful vitality, is a great counterpoint to his frailty and confusion in his later years.

CHeBA Visiting Lecture: Professor Vladimir Hachinski

Can We Begin Preventing Some Dementias Now? Leading figure in vascular dementia and stroke, and former president of the World Neurological Association, Professor Vladimir Hachinski, is CHeBA's Visiting Lecturer and presenting on this topic. All welcome with light refreshments served.

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Cycling Without Age with Dr Vibeke Catts

CHeBA's Older Australian Twins Study Coordinator, Dr Vibeke Catts, has joined over 13,000 Cycling Without Age volunteers world-wide in piloting purpose-built trishaws which provide seniors from Montefiore Home the opportunity to get outdoors. "The oldest passenger from Montefiore I have cycled with is 102 years," said Dr Catts.

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GP Mental Health Forum

CHeBA's Co-Director, Professor Henry Brodaty, who is also Head of the Memory Clinic at the Prince of Wales Hospital, is one of the speakers at the GP Mental Health Forum, which aims to provide practical knowledge and tools which could improve medical services.

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Charity Night - Martin Gregory

CHeBA supporter Martin Gregory is taking on a one-off charity fight night to raise funds for The Dementia Momentum, in honour of his father's own fight with dementia. If you would like to support Martin you can get tickets at www.corporatefighter.com.au or sponsor him by making a donation on his [fundraising page](#).



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