



## CHeBA Champion Warren King

Congratulations to CHeBA Champion Warren King who has doubled his efforts for dementia awareness and research by fundraising and competing in two Ironman events in just two months. Warren has vowed to compete in a third Ironman if he reaches his fundraising goal.



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## CHeBA Research: Brain Network Study Explores Healthy Brain Ageing

CHeBA research looking at the brain functional connectivity patterns of healthy older adults has been published in the journal Human Brain Mapping. Lead author Dr Alistair Perry says the research identifies that age and amount of education influences brain patterns.

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## Kids4Dementia Fundraisers Kick Start Campaign

Thank you to the 10 duos and families representing CHeBA in the Sydney Running Festival's 3.5km or 10km Family Fun Run, in support of Kids4Dementia. We are seeking 10 more to get on board! Fundraising for this important program is off to a great start toward a \$30k goal. Please help us get this education program into more primary schools by sponsoring a team [here](#) or registering now!



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## One Week Until City2Surf 2017!

CHeBA's Co-Directors Professor Henry Brodaty and Professor Perminder Sachdev are once again running in the City2Surf to promote positive ageing! Please support the Professors and their research by donating generously [here](#).

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## Social Interaction for Improved Dementia Care

Results from a large scale trial in the UK have shown just one hour of social interaction a week - for those living in care with dementia - improves well being and lifestyle. CHeBA Co-Director Professor Henry Brodaty comments on the findings.

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## Belrose Probus Club Talks Positive Ageing

Thank you to Dagmar Schmidmaier AM for touching on healthy brain ageing in her guest speaker role at the Belrose Probus Club last month. Her talk, "Making the Folios Frolic and Other Tall Tales" included some CHeBA coverage following her role as Chairperson of CHeBA's Advisory Committee.

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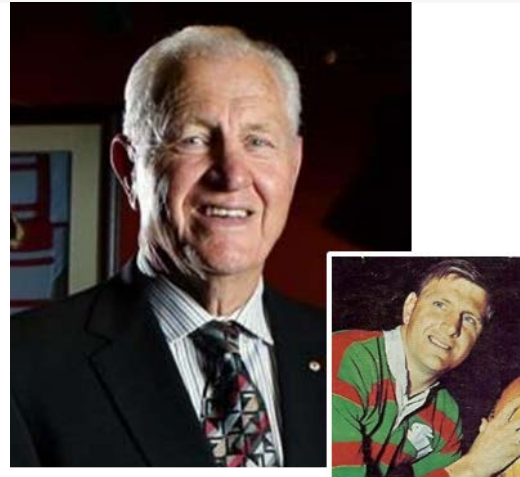
## FREE Public Forum: I'm Older But Not Old

The Aged Care Psychiatry Service, South Eastern Sydney Local Health District, is hosting a free positive ageing public forum with special guest speaker and rugby legend Ron Coote AM .

Seats are limited - RSVPs are essential.

Date: Tues 24th October 2017, 10am - 1pm

Venue: The Juniors, Kingsford



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## Register Now: 6th Annual Neuropsychiatry and Behavioural Neurology Conference

The Royal Australian & New Zealand College of Psychiatrists' organising committee, led by Conference Convenor and CHeBA Co-Director Professor Perminder Sachdev, invites you to register for this conference being held at UNSW Sydney on the 27 & 28 October. The call for abstracts is also open.

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## 11th International Congress of the INA



The theme of the 11th International  
Congress of the International  
Neuropsychiatric Association is  
"Neuropsychiatry - A Global Approach."  
This 3 day event is being held in India on  
the 15-17 February 2018. Registrations are  
now open.

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