



# The CHeBA Chronicle

Never Stand Still

Medicine

School of Psychiatry

CHeBA



## CHeBA Awarded NHMRC Grant to Maintain Your Brain

CHeBA was awarded \$6.467 million over 5 years from the NHMRC for its randomised controlled trial - "Maintain Your Brain" - to prevent cognitive decline. This trial will be internationally unique and presents an opportunity to place CHeBA and Australia at the forefront of dementia prevention research.

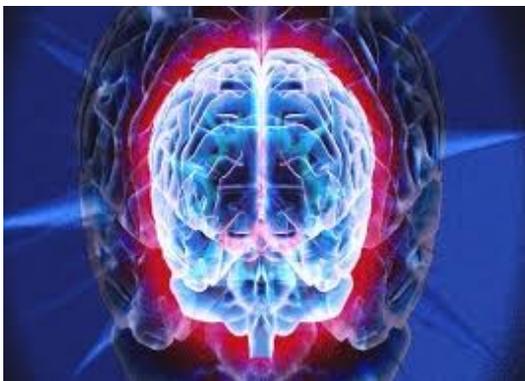
[Read more](#)

## Team CHeBA Raises Over \$20,000!

Team CHeBA had over 60 people in this year's City 2 Surf, raising over \$20,000 for The Dementia Momentum and running some impressive personal bests. It was a significant year for Team CHeBA with many new recruits running for a family member with dementia.

Thank you to the team for your incredible and inspiring efforts and many thanks to all donors.

[Read more](#)



## Researching link between inflammation and age-related brain disease

CHeBA's Leader of the Neuroimaging Group, Associate Professor Wei Wen and his team are currently studying the role of one biological marker of inflammation in the brain - Macrophage inhibitory cytokine-1 - and its relationship with measures of white matter integrity. "Our findings indicate that it should be investigated further as a potential marker of early white matter damage," said A/Prof Wen.

[Read more](#)

**National Dementia Research & Knowledge Translation Forum 2015**

Don't miss out! Learn about the latest dementia research and its impact on practice and policy at this year's annual national DCRC forum to be held on 7 & 8 September. This year's theme is "Science and Practice: The Big Questions".

[Read more](#)



### Free Event: Better Brain. Better Life

*Can you reduce your risk of dementia? What strategies will improve brain health?*

You are invited to a FREE PUBLIC FORUM hosted by Mounties and sponsored by Genworth next Wednesday 19 August, 10-1pm at Mounties. Speakers are PJ Lane, Prof Henry Brodaty, Prof Maria Fiatarone Singh, A/Prof Belinda Goodenough and Dr Nicole Kochan. Registration essential and morning tea provided.

[Read more](#)

### Travelling Professor Forums

In September CHeBA will host two separate expert forums with Keynote Speaker RANZCP Travelling Professor Charles Reynolds III M.D from America.

The first - *Prevention of Depression: Current Opinion* is a half day event and the second - *Depression in Late Life: Current Status* is a full day event. For more information contact [heidi.mitchell@unsw.edu.au](mailto:heidi.mitchell@unsw.edu.au)

[Register for one or both now](#)



image



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